



Board of Directors  
24 Vernon Street | Keene, NH 03431  
Zoom Dial In: 603 352 5093  
Tuesday 11/8/2022 5-7pm  
In Person - MPS Common Room  
Minutes

**In attendance:** Christine Allen, Taylor Murray, Daria Levy, Stephanie Ritchie, Zaylah Cassidy, Shannon Bouchard, Theresa Noel, Mandy White, Zach Lopez, Diane Croteau, Jen Shaw, Stacy Wilbur, Trish Lane, Samantha Spielberg

#### Opening

- a. Quorum Check
- b. Call to Order at 5:14
  - i. Agreement to begin meeting at 5:15pm moving forward
- c. Set Time of Adjournment
  - i. 7pm
- d. Welcome
  - i. Number of board members are sick
- e. Review minutes from prior month
  - i. Daria motion to approve minutes
  - ii. Diane second motion

#### A. Reports

- a. Executive Director's Report
  - i. Strategic plan
    1. Monica, consultant
    2. Experienced, well versed, rec'd by Center for Nonprofits
    3. Will start emailing staff and board members re: meeting up
    4. Was hoping to be here for BOD but she is sick
    5. Be fully transparent with Monica so we that we can be effective
  - ii. CDBG Grant
    1. Have been awarded money!!!
    2. Still need buy in from state for exterior changes to building
  - iii. Smoking rules
    1. Can only smoke at picnic table behind white fence
    2. Neighbors have been complaining

3. We understand that smoking is harm reduction but it's our responsibility to be respectful with habits
- iv. Building permits
  1. All licenses are final!
  2. Can have 16 beds
  3. Qualified as small group home
  4. Still need to meet with state re: rooftop access for garden
  5. Should be able to do HVAC and solar
- v. Serenity center
  1. Has been asked to leave current premises, merging with MPS
  2. Not becoming one but existing under one roof
  3. Will build relationship with SC
  4. Maximize people served
  5. Word is getting out so transparent that discussion on table
  6. Would benefit MPS
  7. Has taken 2 years to raise \$168,000, will go away as soon as construction starts with CDBG grant, Renting to SC will replenish funding source
  8. Swap rolling room and gym, will hopefully encourage people to do activities and engage
- vi. New contract with state
  1. Put a bid on another contract for another SUSD unit
- vii. New car
  1. Will help outreach staff
  2. Transporting residents
  3. Van is falling apart, needs extensive repairs
  4. Please be more respectful of van
  5. Social responsibility to keep areas and spaces clean
  6. Adding to carry in/carry out policy for rooms and vehicles, community agreements
    - a. Stephanie motion to incorporate car rules into rights and responsibilities
    - b. Diane second
    - c. Board votes and agrees
- b. Director of Programming Report
  - i. Feedback from groups
    1. Still working on perfecting schedule
  - ii. New support groups for November
    1. MPS Veterans Alliance

- a. Zach speaks about veterans alliance, for veterans for have or have not deployed but have served, want to talk about experience or not, come to a safe place and coexist with each other, feel safe. Repressed memories come out as PTSD, therapy shouldn't be the only supportive place for veterans, more peer supportive for individuals
    - 2. Building Boundaries
      - a. Taylor: extension of life skills, understanding boundaries, where you begin and external forces start, being able to operate in relationships healthy and safely
  - iii. 1 on 1 for Wellness goals
    - 1. Sitting with them and talking about physical/mental/nutritional etc. to establish personal goals and working towards wellness
  - iv. Wellness Engagement training
    - 1. Copeland Center as extension of WRAP
    - 2. Slower paced than IPS
  - v. Planning more staff safety training
    - 1. Need to ensure safety even if we are trauma informed
    - 2. Active shooter training turned into reorganizing rooms for safety and addressing other concerns
    - 3. Please speak up if you have other safety concerns
- c. Director of Marketing
- i. Post on Facebook page re: Giving Tuesday
    - 1. Please everyone share on socials
    - 2. Any help passively or strategically raising money
  - ii. MPS hoodies for staff, long sleeved tees to sell
    - 1. apparel store on our website
  - iii. 14 new members in October
    - 1. 700 views on website
    - 2. 7000 views on Facebook page
  - iv. New lawn signs
  - v. Wellness Engagement training
  - vi. New article in The Shopper News featuring Stacy and info about wellness programs (*see attached*)
    - 1. Continuing to do articles and features
  - vii. MPS promo video and song
  - viii. Newly designed brochures and MPS bumper stickers as well

- d. Director of LGBTQIA+ Services
  - i. Coordinating with area Veteran's Health facilities
  - ii. Developing relationship with Transgender health department at Dartmouth Hitchcock.
  - iii. Mass mailing to 27 different mental health providers and agencies that are LGBTQIA friendly
  - iv. Developing relationship with ServiceLink and Planned Parenthood in Keene, NH.
  - v. Gender Euphoria support group growing in popularity
  - vi. LGBTQ group is still running strong, working with members on future needs and projects for winter months and beyond.
  - vii. Future projections include developing partnerships with other LGBT organizations to include PFLAG, Seacoast Outright, and Keene Pride.
  - viii. Search for grants and additional funding is ongoing.
  
- e. Director of Operations
  - i. Keeps Christine in line
  - ii. Audits
  - iii. Residential Director
  
- f. Treasurers Report
  
- g. Secretary Report
  - i. Minutes last month
  
- B. Items that require discussion and a vote
  - a. Volunteer Policy (*see attached*)
    - i. Everyone reads separately
    - ii. Diane motion to accept
    - iii. Daria seconds motion
    - iv. All in favor, motion accepted
  - b. Pet Policy (*see attached*)
    - i. Houston part of negotiation for ED
    - ii. Service animals allowed
    - iii. Not in a rush to finish policy because we want to be mindful of unhoused people
    - iv. Humane Society foster program
    - v. Zach expresses concern for not only fleas but parasites and worms etc
    - vi. Pet room with kennels
  - c. Mission Statement (*see attached*)
    - i. Strategic plan

- ii. Waiting for feedback from Monica

C. Additional

- a. Next meeting Tues 12/13 5-7
- b. Taylor offers Trans 101 to BOD members

Diane motion to adjourn 6:48 PM

Daria seconds motion

All in favor

Meeting adjourns at 6:48