



## Meghan Rouleau At-Large Board Member

Meghan was born and raised in Connecticut, then moved to New Hampshire in 2002 to attend Keene State College. She graduated in 2006 and resides in Keene with her husband, Adrian, and 10 month old son, Gabriel. When not working as the respite coordinator at Monadnock Developmental services, you can find her running on the many trails around Keene, drinking tea and reading yet another book from her lengthy reading list, or being involved in various ministries at St. Bernard's church with her family.

Mental wellness has been an integral part of her journey. From losing her first born child to cancer (Eliana Marie- forever 14 months), to her father being murdered, she would not be where she is now without the support and prayers of so many friends and community members. She relies on her faith to see her through the good and bad in life, and continues to navigate the bumps in the road as they come.