

## **Notes from Staff Run Community Meeting**

February 21, 2023

In attendance: Rob, Casey, Joe, Michelle, Willie, Seana, Morgan, Ann, Frank, Karen, Sam, Hannah, Sam, Kris, Christine, Stacy, Trish, Zach, Matt, Tom, Sibeal

### Meeting Structure:

The meeting structure for the Monthly Staff Run Committee Meeting is that the facilitator Trish Lane, along with the Co-Facilitator Stacy's Wilbur, guide the meeting by discussing the monthly feedback from the members given during the Weekly Member Run Community Meetings on Tuesdays at 12 noon. The staff is given the chance to answer these questions, followed by back-and-forth feedback and discussions with members. We also have a monthly speaker, which this Month was Keene Serenity Center's Executive Director, Sam Lake. Sam took this time to answer any questions or concerns members and staff may have about their move and their possible role in the downstairs of our building.

### Group Ideas and Ideas for Groups Members, possible Volunteer opportunities:

All of the group ideas from the month of February that members brought to the Weekly Member Run Community Meetings were discussed. Some back and forth went on about a few of the more exciting ideas, like a breakfast bar and an Ice Cream bar. All of the ideas for members volunteering for groups and adding groups go to Stacy Wilbur each month. She then meets with any interested members one on one to discuss their ideas and volunteer interest for Group Programming.

### Trip Ideas:

All the trip ideas brought up by members during the Weekly Member Run Community Meeting were discussed. One of the common trips everyone seemed to agree on was the Friendly Farm. Members also like our trips to Yankee Lane for bowling.

### Speaker Ideas for March 21st 4-5pm (Our next Staff Run Community Meeting):

All of the ideas from the Weekly Member Run Community Meeting were discussed and we agreed that Wellsense coming to speak at our next meeting would be beneficial to our members and a lot of members have questions about their insurance and in general have issues with using their insurance. Trish has put out a request to a Wellsense staff member to be at our next meeting and is waiting to hear back if they can make this meeting.

A future speaker was added to the potential speaker list during this meeting. It was Phil Wyzik, Speaker and Author. This will be brought up at the next Member Run Community Meeting for more information and follow up.

### Community Kitchen list order for Member Run Community Lunches:

The Community Kitchen order needs, as well as the structure of the Member Run Community Weekly Lunch was discussed. Members talked about what to cook and how to organize these lunches better.

Trish gave anyone a chance after the meeting to meet with her on these ideas and an idea to have a signup sheet. No one met with Trish after the meeting. This will be revisited by Trish in the next Member Run Community meeting.

#### Member Resource Collecting and Sharing:

The new sharing of resources idea was discussed. It was reintroduced to members that each week during the Weekly Member Run Community Meetings, we will pick a resource category to share and collect information about. These resources will be collected to be turned into resource lists to be kept at the resource desk for members to grab copies of when they need them. One week there will be food resources in Keene discussed. Another week the topic will be transportation resources. Each week we will pick a new resource category to work on. One week already we had a suggestion for a handout about the Warm Line, which Melissa Calendar promptly provided for members to get from our resource desk. Trish I can also pass this handout out at tabling around Keene to people who ask about MPS during this outreach time.

#### What is going well?

Trish opened the meeting with some feedback on how the weekly meetings for the Member Run Community Meetings have been well attended and we have been getting a lot of ideas and feedback for staff from these meetings. Mentioned was some of the feedback and ideas members had shared during the month of February. Members seem to like the snacks downstairs and the idea of bringing some of the comfortable chairs back to the Big Room.

#### What could improve?

Some of the items mentioned from the February Member Run Community Meetings were brought up here, such as the Serenity Center questions, the Big Room shared space issues, and the Groups Room usage concerns. All of this feedback and suggestions that came out of the monthly meeting are listed below.

#### Serenity Center:

For the questions and concerns about Serenity Centers new location in the downstairs space of our building, Sam Lake spoke to members and answered questions. He described the idea of them giving us information and training on what the Serenity Center does as well and the opportunity for us to get help and knowledge from them in the future. This conversation was very helpful, and I believe gave the members some of their answers and the communication they were asking for. The Serenity Center is open to more discussion with staff and members in the future. One of the great things that came out of this discussion with Sam for the Serenity Center was how much our organizations have in common. One specific commonality and exciting possibility was music interests and jamming together for Rocking to recovery, a possible shared Music Group.

#### Downstairs Space and Upstairs Space and Group Room usage:

The downstairs space shared use and issues were discussed. Some of the issues were the need for cooperation between members in using this shared space. Also, discussed was the desire to use the

upstairs again for more than just eating. A compromise was later found that this space would be allowed to be use by members again to hang out as long and they do not spread out on the tables, they clean up after themselves, and they do not hang out upstairs all day exclusively, as we have a very large multipurpose use room downstairs. Upstairs will also be used for resource sharing. We have a wonderful new resource desk with information available to members about organizations and resources in the Keene, NH and the Monadnock region. Also, we now have a few desks in the hallway to be used by members to sit and do work or other activities. In addition, right away we have added more time in the Group Room to be used for Siesta times. These times can be seen online on our March Calendar. All of these solutions came out of this discussion with members as Mutually Beneficial ideas we put into action right away.