



Shay Carroll Residential Director

Born and raised in Virginia, Shay made her way to New Hampshire in 2004. Mother of 6 (ages ranging from 24-5), Shay has always worked tirelessly in the community starting in the medical field as a phlebotomist, then making her way into working with those in recovery, and now acts as our Residential Director. She enjoys spending time with her family, running, kayaking, playing softball and going to the beach. She is ready to continue to make positive changes, and strong impacts in the community- all fueled by her love for people.